

Why We Put on Sunblock

“Put on sunblock!” Mom and Dad yell to us. Here is why.

The sun is strong. Skin tans in the sun, but with too much sun, your skin gets red, hot, and distressed. Too much sun is bad for your skin and you.

Dan will swim. He puts on sunblock. He gets wet and when he gets back in the sun, he puts on more sunblock.

Kim has tennis lessons, and there is a lot of sun. She puts on sunblock and puts on a hat as

well. The brim of the hat is big and blocks the sun too.

Jack thinks that a suntan is splendid. He does not put on sunblock and sits in the sun. He has tennis lessons too. He swims with Dan. He sits in the grass with Hank in the sun.

Hank sees that Jack's skin is red and looking bad. "You are getting red!" Hank says. He sits with Jack under an umbrella that blocks the sun.

