

## **Sailing on Skates**

**(Story Words: catches, attach)**

When a pond or lake is frozen, you can go skating on it. But first, you must be sure that the ice is not thin anywhere. The ice can be very thick near the shore of a lake or pond but still be open water in the middle.

If a pond is completely frozen over with thick ice, you can skate all the way across it. You can even go “sailing.”

Here is how to sail on ice: first you make a big square or rectangle with thin strips of wood. Then, you attach a sheet or big cloth to the frame. When you get on the ice, you hold up the sheet to catch the wind in front of you. The frame is like a big kite that you are holding.

Once the wind catches your sail, you will start sailing. It will feel like flying. You will be going so fast you will not be

able to stop quickly. This is why you need to know that the pond is completely frozen over and safe to skate on.

Sometimes the ice on a pond or lake will be completely smooth like glass. But other times, the ice will have little ripples that are like little waves that have frozen in place. These ripples feel bumpy on your skates.